

Heart of an Athlete – June 2010

Name: Whitney Oviatt

Age: 21

Hometown: Carnation, Washington

School: Simpson College, and I went to Cedarcrest High School

FCA Role: Student Athlete



Favorite Bible verse: This changes depending on what is going on in my life but I can always come back to Philippians 4:13 “I can do all things through him who strengthens me” Whenever I am down, I think of this verse and it keeps me going knowing that God is always with me. 1 Corinthians 10:13 is another one of my favorite quotes and gives me comfort when I am feeling stressed and overwhelmed “God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.”

Favorite sport: Volleyball, it is definitely the most fun and intense and I love all my teammates so much!

Who is your athletic role model? Kelly (Schade) Fry, Kelly was a pitcher at Simpson in the 90s and has really motivated me throughout my college career. In one of my slumps sophomore year she reminded me that “God won’t give us more than we can handle,” and that God uses our trials for his Glory and our spiritual Growth. This motivated me to change my attitude and stay positive, which is the most difficult thing to do in sports, especially if things are not going the way you want them to.

How has God impacted you through FCA? God has impacted me in so many ways, and I realized through FCA that he uses me and my athletic abilities to impact other people in positive ways.

Share one tip that helps you be a Christ-like competitor: Give all the glory to God, win or lose God has a plan and a path for each of us and will never leave our side.

Sports and positions played: Volleyball-Middle, Basketball-Post, Softball-Pitcher

Sports Achievements: Participated in three college sports, contributed to three conference championships in 09-10 school year and was awarded conference honors

Favorite Pig Out Food: chips and cheese

Favorite Sports Teams: Cedarcrest Redwolves and the Simpson College Storm! I also like Washington, the Seattle Mariners and Seahawks...any team or player that represents where I am from or who I have coached.

Future goals: Be a coach and a good role model and help young people develop physically, socially, psychologically and religiously.

The biggest concerns facing youth today are: Judgment, a lot of youth today feel that they have to be a certain way because of what others think of them. Youth today are concerned with what others might think or say about them and if they do a certain thing or act a certain way. As long as we do what is right, treat others how we want to be treated and work hard to do our best that is what really matters.

The biggest concerns facing Christian youth today are: Christian youth today are listening to what others tell them to believe and are not experiencing and developing a relationship with God on a personal level for their own benefit to form their own opinions and believes.

Favorite Pastimes: Spending time with my teammates throughout the years. They would do anything for me and I really respect and value the friendships I have made and time spent with my friends, especially at Simpson College.

