

Heart of an Athlete – December 2011

Name: Peyton Mellman
Hometown: Mason City, Iowa
School: Mason City High School
Sport: Basketball – Shooting Guard



www.photock.com

Chosen Attribute: Perseverance

What is your personal definition of this word?

To continuously strive for improvement and not lose heart in the face of adversity

What are some of your favorite quotes from other people about this word?

“Our greatest glory is not in never failing, but in rising up every time we fail”.

“People of mediocre ability sometimes achieve outstanding success because they don’t know when to quit”.

What is your favorite Biblical passage that deals with this characteristic?

Through they may stumble, they will never fall, for the Lord holds them by the hand. – Psalm 37:24

Why did you choose that particular passage?

It serves as a great reminder that in hard times and when confronted by challenges, God is always there to sustain us, and help us to persevere through any predicament.

Please give an example of Perseverance in your life.

I am taking 4 advanced placement classes this year and that has been really challenging. I have to put in a lot of extra time and effort to fully understand the material.

How do you apply this word in your sport?

Basketball is a game of mistakes. You have to learn to forget the turnovers and missed shots, by instead focusing your attention on the next play. Perseverance plays a vital roll in overcoming failure and improving your game.

How did you first become involved in FCA?

I heard about it from some of my friends on the football team and started coming to meetings

How active within FCA are you?

I am a student leader of our FCA huddle

How has God impacted you through FCA?

He has allowed me to share my faith with other athletes and I’ve also grown in my relationship with Him because of all I have learned from my fellow teammates and coaches.

What is your athletic experience?

I've started varsity the past 3 years at Mason City High School, been captain my sophomore and junior years and will be a senior this year.

Who is your athletic role model?

Maya Moore

Share one tip that helps you be a Christ-like competitor:

Praying before games and practices



www.photock.com

Future goals:

I want to play basketball in college and become an oncologist

FCA Role:

Student Leader

Favorite Bible Verse:

Jeremiah 29:11 – “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Have you signed the Team FCA Competitor’s Creed?

Yes

Favorite Sport:

Basketball

Favorite Pig-out Food:

Ice Cream

Favorite Music Groups:

Rascal Flatts, Adele, Casting Crowns

Favorite Books:

Standing Tall, Tuesdays with Morrie, The Last Lecture

Favorite Sports Teams:

University of Iowa Hawkeyes

Favorite Pastimes:

Bring with friends and family, working out, playing basketball, reading

The biggest concerns facing youth today are:

To constantly strive for improvement and advancement in our schools and communities

The biggest concerns facing Christian youth today are:

To continue to spread God’s word and share our faith with others